

Brighton Ski Team

U12 & U14 Alpine Coaches

2023-2024 Winter Season

The **Brighton Ski Team** (BST) is a non-profit organization that provides alpine ski race training and competition opportunities to young skiers (5-15 years old). We support long-term athlete development in an environment that cultivates the skills athletes need to be healthy and fierce competitors - including technical, tactical, physical, mental, and social-emotional skill development.

We are proud to offer a warm and supportive team culture that fosters athlete confidence, joy, and a lifelong love of skiing.

Position Overview: Alpine Coaches are responsible for contributing to the design of their age group's training programs, implementing those training programs, and developing athletes through a comprehensive alpine ski racing program. Alpine Coaches may also participate in the review & revision process of these age groups' programs from year to year.

BST programs are based on a long-term-athlete-development model consisting of the following domains: student-athlete development, physical fitness and nutrition, technical and tactical, mental and social including academic-athletic support and balance, equipment, and competition. Further, Coaches work closely with the Program Director, the Alpine Development Director, the Board, and other Coaches to foster alignment, and optimal participation and performance, throughout the entire BST Alpine Program.

All Coaches report directly to the Program Director and Alpine Development Director.

Attributes

- Must be able to lift and carry up to 50 lbs. on a frequent basis.
- Must be able to maneuver and work on steep and uneven, mountain-like terrain and in often-inclement weather.
- Ability to work under pressure, with capacity to organize, prioritize, and manage complex projects and processes.
- Strong project management skills and ability to ensure consistency of programming and processes through proper written documentation.
- Strong knowledge, experience and current professional credentials related to alpine skiing and competitive race programming and training.
- Skilled at troubleshooting, paying close attention to details and actively managing timelines and deadlines.
- Ability to be a strong team player with proven leadership skills.
- Must possess excellent relationship and communication skills, in order to work closely with coaches/parents/athletes and community partners.

Primary Responsibilities

Alpine Program

- Act as on-hill coach for the assigned age-group.
- Implement comprehensive, age-appropriate programming for alpine athletes.
- Implement a consistent, documented, alpine curriculum.
- Manage all aspects of alpine training, competition, and travel. Help coordinate and oversee all athlete management plans for athletes. Coordinate consistency in BST alpine programs across all age groups.
- Monitor, with Program Director and Alpine Development Director coach training, professional development and mentoring for other staff as appropriate.
- Integrate all necessary domains of athlete development:
 - Physical – appropriate warm-ups, training duration & intensity

- o Technical and tactical – detailed on hill programming and progression
- o Mental and social – goal setting, mindset, mental skills, academic/other responsibilities, team social dynamics
- o Equipment – review and coordinate all athlete equipment, preparation, maintenance, testing and ordering
- o Competition plans
- Oversee consistent and regular athlete evaluation processes, including on-hill skill assessments.
- Oversee consistent and regular communication and education with athlete families.
- With Alpine Program and Race Director and all alpine coaches, ensure all venues are managed for optimal alpine training and competition for all levels of the program.

Alpine Races and Venues

- Support coordination of all competition and travel schedules.
- Support set up and break down for BST hosted races.
- Coordinate appropriate staffing for all races, competitions, and events (both home and away).
- Help manage and staff appropriate BST hosted races

Equipment

- Help maintain BST equipment with appropriate utilization, transportation, and storage.
- Help plan for purchase of new equipment as necessary.
- Help repair and maintain equipment as necessary.

Communications, Community, and Club

- Develop and maintain consistent, professional, educational, and supportive communication structures with staff, parents, and the community concerning the alpine program and races.
- Help maintain all community and strategic partner relations necessary for the success of the alpine program – especially Brighton Resort.
- Support parent education efforts and lead those efforts specific to your assigned age group.
- Assist with all club events as appropriate.

Other General Requirements

- Coach positions are part-time with some year-round responsibilities.
- Coaches must maintain a current U.S. Ski & Snowboard and other appropriate professional credentials, and is expected to pursue continuing education and professional development.
- Coaches must maintain high personal and professional standards and relations at all times when representing BST.

Applicants may email a resume to: brightonskiteam@hotmail.com

If applicants have questions, please contact BST Program Director Drew Southworth by phone or email: 801-350-1551, brightonskiteam@hotmail.com

More information about the Brighton Ski Team may be found at <http://brightonskiteam.org/>